



OCD FAMILY SUPPORT GROUP

We bring together families, friends, and those affected by OCD and similar disorders for increased knowledge, understanding, and ongoing support.

During this time, we are meeting monthly online via ZOOM to share ideas, problems, community information, therapist resources, success stories, etc.

We meet on the *second Saturday of each month, from 11:00 AM to 1:00 PM PT. Each meeting is facilitated by therapists from The Gateway Institute.*

If you would like to join, let one of The Gateway Institute staff members know. Provide us with your email and we will send you instructions on how to join.

You will receive an email from us *one week in advance* to each meeting instructing you on how to join the ZOOM Meeting. We look forward to having you!

For more information about the Support Group, please contact our office at (714) 549-1030, or via email at info@gatewayocd.com

You may also contact co-facilitators:

Liz Trondsen: (562) 213-2191

Chris Trondsen: (714) 642-6837

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